
















Forest School Clothing List:

The following list of appropriate clothing is for EVERYONE participating in Forest School; **children, staff and other adult helpers/volunteers.**

Winter

-  Vest or T-shirt
-  Long sleeved top
-  Hooded top/fleece or thick jumper
-  Waterproof jacket
-  Thick socks (thermal or two pairs of thin ones)
-  Trousers
-  Waterproof trousers
-  Wellington boots
-  Hat, gloves and scarf

Summer

-  Long-sleeved T-shirt or top. Arms to be covered in woodland.
-  Light trousers. **No** Shorts. Legs to be covered in woodland.
-  Socks
-  Trainers, shoes or Wellington boots. **No** sandals or flip-flops.
-  Sunhat
-  Sunglasses (if required.)

Participants are also responsible for providing their own insect repellent and sunscreen.

Short sleeved T shirts and shorts cannot be worn – whatever the weather – arms and legs must always be covered in the woodland.