

ST. JOHN'S ANTI - BULLYING POLICY

#LET'S BULLDOZE BULLYING TOGETHER

WHAT IS BULLYING?

Bullying is when a person or group of people make someone feel unsafe or hurt OVER and OVER again.

WHAT TO DO

If you think you or someone else are being bullied:

- 1) Check: Has it happened several times before?
- 2) If it has, tell an adult, as bullying is unacceptable.
- 3) The school will deal with the problem.

TYPES OF BULLYING

- 1) Physical - using your hands or feet. Taking or breaking people's things.
- 2) Verbal - using words to hurt others.
- 3) Emotional - Spreading mean rumours and embarrassing someone. Leaving people out.
- 4) Cyber bullying- using technology to verbally or emotionally bully.

Several
Times
On
Purpose



BULLYING

