
Clifton (Main Office and Junior Site):
Worrall Road, Clifton, Bristol, UK BS8 2UH
Tel: 0117 903 0251

Redland (Infant Site):
Lower Redland Road, Redland, Bristol, UK BS6 6SU
Tel: 0117 353 2090

18th May 2022

Relationships and Sex Education

Dear Parents and Carers,

In line with St John's Relationships and Sex Education Policy (RSE), children will be having three (four in Year 6) age appropriate RSE lessons. These will take place during the week beginning 6th June. Class teachers will approach this topic in an informal way and they will ensure to answer any questions raised age appropriately. Boys and girls will be taught together, however, where appropriate, boys and girls will be given opportunities to ask questions in single sex groups. The children will be given information and advice in a sensitive manner and will be encouraged to ask questions and openly discuss any issues.

Overleaf is a brief outline of the content that will be delivered in each year group. If you want to come in and view the resources prior to the lessons please email you child's class teacher to arrange an appointment. A copy of the schools Relationships and Sex Education Policy is available on the website via this [link](#) or from the school office.

As detailed in our RSE consultation letter (dated 29th March 2021) Relationship and Health Education is now compulsory at primary age. Parents have the right to excuse their children from some aspects of sex education as long as this is not covered within the science curriculum for their year group. As a school we respect this right and will always act in accordance with parents' wishes.

We know how important RSE is in your child's development and we have a carefully planned programme across the school. If you have any questions, please do get in touch with your child's teacher in the first instance and we'll be happy to answer them.

Yours faithfully,

Charlotte Sellers and Alice Potter

PSHE Coordinators

St. John's C of E Primary School



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A brief overview of the lesson content in each year group.

Year	Topic	Lessons
EYFS	Our lives	Lesson 1: Caring relationships Lesson 2: Being Kind Lesson 3: Families.
Year 1	Growing and caring for ourselves	Lesson 1: Different Friends Lesson 2: Growing and changing. Lesson 3: Families and care.
Year 2	Differences	Lesson 1: Differences Lesson 2: Male and female animals Lesson 3: Naming the body parts.

Year	Topic	Lessons
Year 3	Valuing difference and keeping safe	Lesson 1: Body Differences Lesson 2: Personal space. Lesson 3: Help and Support
Year 4	Growing up	Lesson 1: Changes Lesson 2: What is puberty? Lesson 3: Healthy Relationships
Year 5	Puberty	Lesson 1: Talking about puberty. Lesson 2: The Reproductive System Lesson 3: Help and Support
Year 6	Puberty, relationships and reproduction	Lesson 1: Puberty and reproduction. Lesson 2: Communication in Relationships Lesson 3: Families, Conception and Pregnancy. Lesson 4: Online Relationships