



July 2022 Families in Focus Bulletin - Part 2

Information and Support for Practitioners

Hello and welcome to the July Information Bulletin from your Locality Families in Focus Team.

This bulletin contains information on Citywide and North based services.

If you would like to receive the information bulletin for services in South and East/Central please email Caroline.donald@bristol.gov.uk for South and familiesinfocuseastcentral@bristol.gov.uk for East/Central.

The bulletin has grown so big that we have split it into two parts as follows:

Part 1 – Information and Support for Families, Parents / Carers and Young People

Part 2 – Information and Support for Practitioners

Please note that the information here is being shared by Families in Focus but if you require any further details you should contact the relevant organisation. All information is provided by the organisation and Families in Focus hold no responsibility for the contents. Bristol City Council does not endorse the organisations/activities and you should make your own checks to satisfy yourself on the quality of the services on offer. If you would like the information in a different language or format please contact the organisation/agency who will hopefully be able to help.

We cannot guarantee to include everything but will prioritise information on services or activities that practitioners will find useful in their organisation or to pass on to families.

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Information and support for Practitioners

Your Holiday Hub: Activities for Children and Young People

Your Holiday Hub is aimed at ensuring that all children in Bristol have equal access to fun, enriching and healthy activities over the school holidays.

Visit the website to see what's on:

<https://www.yourholidayhubbristol.co.uk/>



Welcome to Your Holiday Hub (YHH) Bristol!

At YHH you can explore a mix of FREE and paid for school holiday clubs and activities across Bristol, for children and young people aged 4-16. Bristol belongs to its children, and this is their holiday hub! To find a club or activity to suit your family search by:



Date



Location



Activity



Activities

Whether it's sport, art, cooking, or drama, there are hundreds of fun activities and holiday clubs based in Bristol, to help keep your children and young people busy over the school holiday periods and more.

[Search Activities](#)



Holiday Activities and Food (HAF)

Is your child aged 4-16 and eligible for free school meals (FSM)? If so, check out the free, YHH activities happening in your area.

[Search Clubs](#)



About Your Holiday Hub (YHH)

YHH has been created to make it easier for all children and young people to stay active and have fun over the school holidays.

[Find out more about YHH](#)

Help to Access the Council Tax £150 Energy Rebate



£150 council tax rebate for Bristol residents



£150

The £150 council tax rebate is available to households living in properties in council tax bands A to D.

If you haven't received your rebate yet fill out the online form here: www.bristol.gov.uk/council-tax/council-tax-rebate

If the form states you're not eligible but you meet the criteria on our website, or if your bank details are not accepted, you'll need to call our Citizen Service Centre on 0117 922 2900 who will be happy to help you.

Supporting Citizens with claiming the Council Tax Energy Rebate

- You may be eligible for £150.00 energy rebate if:
 - You are liable for Council Tax at an address valued in council tax bands A to D. (This includes property that is valued in band E but has an alternative valuation band of band D, as a result of the disabled band reduction scheme). This could be you even if you don't pay Council Tax! **AND**
 - You occupied the address on 01/04/2022
- You should apply for the rebate here £150 council tax rebate - bristol.gov.uk
- When you are applying you will need:
 - Your Council Tax Account number (please enter as presented on your bill, do not include any hyphens or spaces)
 - Details of a bank account you would like the amount paid into (alternatively you can opt for the rebate to be deducted from your Council Tax Account).
- If you are unable to complete the online form, please call Bristol City Council **0117 922 2900** and the form can be completed for you.
- If you fall outside of the criteria (for instance if you occupy an address, but another party is liable for the Council Tax) then you may qualify the discretionary fund, this is being finalised and further information, including the full eligibility criteria and exclusions, will be provided on The Bristol City Council website as soon as possible.

Kids Eat Free (or for £1) over 2022 Summer Holidays

PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2022



COURTESY OF MONEY SAVING CENTRAL

**ASDA CAFE**

Kids eat for £1 all day, every day with no adult spend from 25th July - 4th Sept 2022

FUTURE INNS

Under 12's eat for free with any adult meal during the school holidays

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

YO! SUSHI

Kid's eat free from 3pm-5.30pm, Monday to Thursday until 1st September 2022

THE REAL GREEK

Kids eat FREE every Sunday for every £10 spent by an adult

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

PAUSA CAFE @ DUNELM

From June 27th kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend

MARKS & SPENCER CAFE

Likely But Not Yet Announced

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

MORRISONS

Spend £4.99 after 3pm daily & get one free kids meal (usually all day during half term)

HUNGRY HORSE

Kids eat breakfast free with every adult breakfast, daily from 9am - 12pm.

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Monday to Thursday

CAFE ROUGE

Kids eat for £1 when you order one adult's main meal. Excludes Saturdays

SA BRAINS PUBS

Children can eat for £1 with any adult main. Only valid Wednesdays but on all day

ANGUS STEAKHOUSE

One free children's meal per paid adult meal 12-5pm daily throughout the holidays

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto

FARMHOUSE INNS

Likely But Not Yet Announced

Copyright of MONEY SAVING CENTRAL

[Places where Kids Eat Free During School Half Terms in 2022 \(moneysavingcentral.co.uk\)](https://moneysavingcentral.co.uk)

1625 Independent People: Independence Coach for Care Leavers



Our new **Independence Coach for Care Leavers** is now open to referrals

The Independence Coach works with Bristol Care Leavers aged 16-25 to offer relationship-based support with a focus on transitions. (Examples of transitions include leaving care, moving home, starting or leaving work or education.)

The coach can offer:

- Practical support – for example to apply for benefits or ID
- Emotional support – to develop positive relationships with peers, family and the community
- Coaching support – to identify and work towards positive goals

Support is flexible and tailored to the needs of the young person – it could be help to complete a short set of tasks, or longer term support to negotiate life's challenges. We are currently funded to deliver the role for 2 years.

If you would like more information or a referral form, please email

Sian.Bott@1625ip.co.uk or call Sian on 07791 168673

Bristol Drugs Project – ROADS Family Link Workers at Families in Focus



Louise Wilson



Sophia Darweish

ROADS Family Link Workers at Families In Focus

We are the Recovery Orientated Alcohol and Drugs (ROADS) Link Workers for FIF.

How we help:

We are based within the 3 Family in Focus teams in Bristol, Sophia for East Central, Louise to lead the South and both supporting the North team.

- We help family workers when there is alcohol and other drug use, or it is suspected in a family
- We explore how the substance use may be affecting the family
- We provide joint home visits to families
- We offer short term interventions in the family home to help parents understand their alcohol or other drug use and motivate them to want to change and seek help from services
- We provide referrals and complete the initial assessment for parents into ROADS adult treatment service
- We signpost and refer young people in the family for help; BDP Youth Targeted Youth Service , M32 Youth Groups or Drugs and Young People Project , especially for Children Affected By Substances (CABS) in families
- We provide training to family workers

To find out more please call 0117 987 6009

Bristol Drugs Project – Intensive Family Support



Independence from
drugs and alcohol

Intensive family support work (IFS)

The Intensive Family Support service was set up to work with families where there are parents who have a problematic relationship with drugs and there is a Child Protection Plan or Child in Need plan in place.

What the service provides:

- Two home visits a week
- Opportunity to identify strengths within the family
- Time for parents to explore their relationship with drugs and the benefits of staying in treatment
- Help for parents to understand the impact of drug use on the children and family
- Signposting to services and additional help for both parents and their children
- Support with parents attending initial appointments
- A strong team approach, working in partnership with Families in Focus, Children's Social Care and ROADS



IFS contact details:

Office number: 0117-987-6009

Smaranda Moraru – smaranda.moraru@bdp.org.uk
– 07926551001

Tia Young – tia.young@bdp.org.uk – 07926549420

Bristol Drugs Project – New Leaf



Summer 2022

- New Leaf offers a city-wide service to vulnerable young people around their substance use and specifically supports young people who may be at risk of CCE, knife crime and other forms of serious youth violence.
- New Leaf offers support specifically around cannabis and the links between cannabis use and becoming vulnerable to CCE.
- We are available to see young people **face to face** ; we can see young people in schools or other education settings, their youth clubs, other safe spaces or with 'walk and talks' to give them the time to talk they need.
- We also support young people with calls, texts, zooms or **WhatsApp**; for some young people this makes engaging with us easier.
- The project offers a **flexible** service to accommodate the young people and can work with them for up to 6 months.
- Young people can earn **rewards**, turning the changes they make into a prize for them.
- We can provide **workshops** to education or youth settings where small groups of young people have been identified as at risk of CCE and using cannabis.
- We work in partnership with Safer Options and other organisations tackling serious youth violence to offer substance use support as part of a young person's support package.

If you have a young person you wish to refer

please make contact on newleaf@bdp.org.uk or 0117 987 6008

Bristol Drugs Project - Youth Team



BDP Youth Summer 2022

- We are available to see young people face to face ; we can see young people in schools or other education settings, their youth clubs, other safe spaces or with ‘walk and talks’, to give them the time to talk they need.
- We also support young people with calls, texts, zooms or **WhatsApp**; for some young people this makes engaging with us easier.
- We provide **workshops**, BDP Youth’s small group work, offering 1-3 sessions with groups of young people where alcohol and other drug use has been identified.
- We go out and meet young people on **detached youth work**, with our Targeted Youth Support partners and other youth organisations in Bristol; this builds relationships with young people, offers in situ advice and information and supports
- We use **social media**, follow us on the BDP Youth Instagram **@bdpyouth** and meet our ‘influencers’.

If you have a young person you wish to refer please follow this link

<https://www.bdp.org.uk/children-and-young-people/>

or feel able to call us on 0117 987 6008

Bristol Drugs Project – New Leaf Rapid



Summer 2022



New Leaf Rapid is a pilot project launched in December 2021 by BDP Youth, in partnership with Safer Options and their Education Inclusion Managers. It supports the new Drugs in Schools Pathway offering targeted intervention to young people at risk of exclusion. The need for this project highlights how vulnerable young people are if they are excluded, especially if a need around substance use or being a Child Affected By Substances (CABS) has been identified.

- New Leaf Rapid offers a city-wide service.
- New Leaf Rapid offers a service specifically for young people at risk of exclusion due to a substance use incident in school or behaviours through being CABS.
- We respond to schools within 48 hours of being informed through the Safer Options Education Bristol Inclusion Managers for South, North or East Central Bristol.
- We are available to see young people **face to face**; we can see young people in schools or other education settings, their youth clubs, other safe spaces or with 'walk and talks' to give them the time to talk they need.
- We also support young people with calls, texts, zooms or **WhatsApp**; for some young people this makes engaging with us easier.
- The project offers immediate intervention lasting from 6 weeks – 12 weeks and has the ability to identify other support needs and make appropriate referrals.
- The flexible approach of the project means we can work with young people in schools and when transferring education setting so the young people feel held throughout this process.
- The project works in synergy with the Education Inclusion Managers who are part of Safer Options, Bristol's Violence Reduction Unit, offering support to young people most at risk of serious youth violence, CCE and CSE.

Referrals are made by schools through the Safer Options Inclusion Managers.

If you have any queries contact Hazel McMahon on:

hazel.mcmahon@bdp.org.uk

Or 07964067732 and 0117 987 6008

Playful Bristol: Bristol Playday 2022 – All to Play For



Play Day

Playday is the national day for play, celebrated each year across the UK on the first Wednesday in August. Playday 2022 will be celebrated on Wednesday 3 August. We are delighted to announce that the theme for this year's Playday is ...

All to play for – building play opportunities for all children.

This year's theme aims to highlight that play is for everyone. Play happens everywhere, every day, and is the right of every child and young person. Playday encourages families, communities, and organisations large and small, to consider how they can build better opportunities for all children to play. Following the challenges children and young people have faced over the past two years due to the Covid-19 pandemic, play is more important than ever.

For more information:
www.playday.org.uk/

Free Play Training

To book a place, email: training@bandltd.org.uk with the name of the attendee and their setting.

Attending this session gives you the opportunity to shop in Children's Scrapstore's Warehouse for up to a basket of scrap, for the recommended donation of £6 for a full basket.

Free Play Training

Play on a Shoestring
Thursday 14th July 2022
10am to 12pm

In this workshop we will look at how to provide fun, low cost play opportunities from everyday items. Come and have fun exploring some ideas for your group.

In this 2 hour course we will explore the play cycle and how observing & understanding play can help adults to better support children's play.

Understanding & Supporting the Play Process
Monday 5th September 2022
3pm to 5pm

All held at Children's Scrapstore, St Werburghs, BS2 9LB

Children's Scrapstore – Free Play Training for Professionals



Free Play Training

Free to Play?
Monday 11th July 2022
10am to 12pm

This 2 hour course is an introduction to the importance of playtimes in schools and how adults can support children's play.

Play on a Shoestring
Thursday 14th July 2022
10am to 12pm

In this workshop we will look at how to provide fun, low cost play opportunities from everyday items. Come and have fun exploring some ideas for your group.



In this 2 hour course we will explore the play cycle and how observing & understanding play can help adults to better support children's play.

Understanding & Supporting the Play Process
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FREE Half Term Play Session:



Open access activities aimed at over 8s - younger siblings welcome with adult supervision, led by Children's Scrapstore.

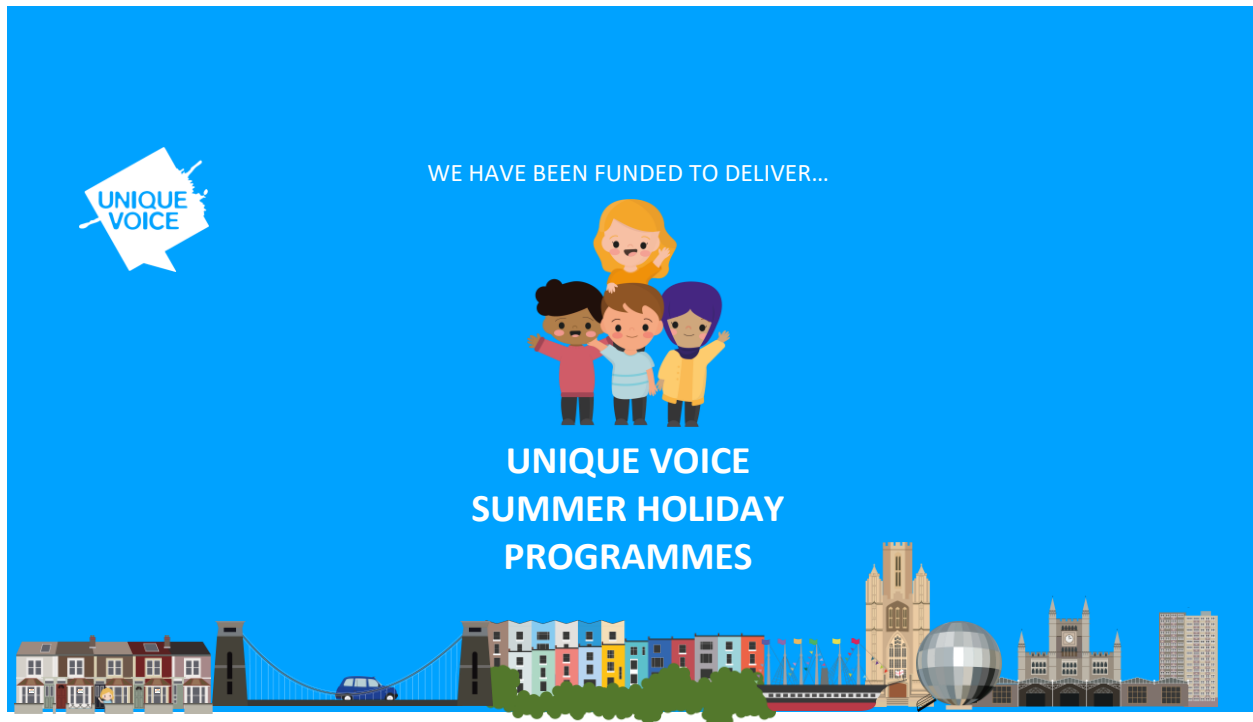
Tuesday 31st May 2022
12pm to 2pm

**Beverston Gardens,
Lawrence Weston,
Bristol. BS11 0SB**



tel: 0117 908 5644 // email: events@childrensscrapstore.co.uk // charity no. 1008788

Unique Voice: Free Summer Holiday Programmes



Unique Voice have been funded to deliver Summer Holiday Programmes in Bristol for children, 5-11 years old, in receipt of Free School Meals. Sessions will be running for 5 weeks over the Summer Holidays. We are currently offering one week per child.

Children will be taking part in performing arts activities, games, creative activities and art. All activities designed to increase confidence, social skills and of course play!

- Children are provided with free lunches and snacks.
- Indoor and outdoor play in all sessions.
- Sessions are run by highly skilled, DBS checked and first aid trained Unique Voice facilitators.
- Available to children aged **5-11 years old**.

Places are extremely limited please refer as soon as possible.

Unfortunately at this time, we are unable to support children who require 1:1 support at our programmes.

[CLICK TO MAKE A REFERRAL:](#)

<https://forms.gle/ZRCh9E4hbs8mZ1BN8>

Where & When?

Filton Avenue Primary School
Lockleaze Rd, BS7 9RP

May Park Primary School
Coombe Rd, Eastville, BS5 6LE

Fair Furlong Primary School
Vowell Cl, BS13 9HS

Mon 25th - Fri 29th July

Mon 1st - Fri 5th Aug

Mon 8th - Fri 12th Aug

Mon 15th - Fri 19th Aug

Mon 22nd - Fri 26th Aug

10.00 - 2.00pm Daily

Contact Becky at beckyh@uniquevoice.org or call 01174286240 for referral support.

This provision has been supported by funding from Bristol City Council



Department
for Education

Raising Dementia Awareness in Bristol Schools



Raising dementia awareness in Bristol schools



Dementia can have a significant impact upon a family and community, as well as the person who is living with dementia. We aim to raise dementia awareness amongst our young people in Bristol schools and to create positive social change, so that we can become more dementia friendly as a city and beyond. By teaching young people about dementia, we can improve knowledge and understanding, as well as empower individuals to make a positive difference to lives. You can play a part in helping us to achieve this. As one of our ambassadors says;

"You can't change my dementia, but you can change the world I live in."

Did you know?

Nearly a third of our young people know someone living with dementia.

A diagnosis of dementia is made every 3 minutes.

There are more than 900,000 people living with dementia in the UK.

This figure is predicted to reach 2 million by 2051.

How is this relevant to your school?

There are clear links to the curriculum and OFSTED framework. Through learning, young people will be encouraged to become more active and responsible citizens.

Educating young people about dementia means that they are more able to protect their own future health and wellbeing.

Through education, we are helping to create a dementia friendly workforce for the future, where young people will be able to support their own and others' lives, professionally as well as personally.

Educating young people and the wider school community about dementia can increase understanding and change attitudes, resulting in reduced fear, stigma and isolation for people living with and affected by dementia.

What I can offer your school:

- * A free virtual assembly raising awareness
- * A free virtual Dementia Friends session for pupils and / or parents, deepening knowledge and understanding and supporting social change
- * Additional free virtual opportunities personalised to your school community

Feedback on virtual sessions 2021

"The children responded well to a new adult leading the session. The activities were relevant to the children's age and stage. The session was well paced and there were enough opportunities for the children to actively engage- drawing, writing, a short quiz, movement, chatting to partners, offering ideas and answering questions."

Inclusion lead, Westbury-On-Trym C of E Academy

"Thank you so much. That was a great talk - really well received by the students. I have never seen the group so focussed during a virtual presentation! There were lots of discussions at the end, and I think it looks as though we will be taking part in Elf day!"

Acting Head of 6th Form, St Bede's

What next?

If you would like more information, please contact me on;

E: sally.townsend@alzheimers.org.uk M: 07590 884435



Kooth: Online Mental Wellbeing Community for Young People



The Kooth logo features a stylized white and teal 'X' shape to the left of the word 'kooth' in white lowercase letters. To the right is an abstract graphic with teal, orange, and white shapes.

Kooth.com is available to young people aged 11 – 18 in Bristol, providing 24/7 online for wellbeing support and advice from professionals as well as pre-moderated peer support.

Please remind young people aged **11 – 18 in Bristol** that Kooth is available 24/7 online for wellbeing support and advice from our professionals as well as pre-moderated peer support.

If you would like to book a refresher session for staff, assemblies for young people or to discuss other ways I can support you, please get in touch with me at rpotter@kooth.com

Family Link Worker Network Meetings

Family Link Worker Network Meetings

Are you a Family Link/Support Worker in a Bristol Primary School?

Would you like to join a supportive network to share best practice, discuss ideas and meet other colleagues?



If you are interested in attending or would like to find out more please contact c.woodman-smith@bristol-schools.uk

Welfare Rights and Money Advice Service - update

Welfare Rights and Money Advice Service

Welfare Benefits Tips July 2022

Hello to you.

Welfare Benefits Rates

Below is a link to the gov.uk pages that set out **all welfare benefits rates**. This can be really helpful to check that you're receiving all the benefits you're entitled to:

<https://www.gov.uk/government/publications/benefit-and-pension-rates-2021-to-2022/benefit-and-pension-rates-2021-to-2022>

Bristol City Council website benefits calculator

You can find the calculator at:

<https://bristol.entitledto.co.uk/home/start>

- It can be very helpful for all low-income households, to see if they might have an unclaimed benefits entitlement.
- Also, bearing in mind the removal of the £20/week 'covid uplift' in UC rates, the calculator can help people to see how they might be better off by just doing a few hours paid work per week. UC is designed to encourage people to find work, so it's more 'generous' than previous working age benefits, in allowing people to keep more waged income before they lose their UC entitlement.

To give an example: a 28 year old lone parent mother of an 8 year old girl and 6 year old boy, all in good health, living in a 2-bedroom private rented flat or house in BS5.

- Through benefits, the total household income would be £1667/month (including rent at £850/month). The household would be benefit capped at that amount and would be entitled to free school meals (FSMs). Apart from FSMs, after rent is paid, there would be £817 for food, drinks, gas and electricity bills, household essentials, clothing, travel etc.
- The same family, with the Mum working 15 hours/week at minimum wage, could be around £472/month better off, but would have to make some council tax contributions.

- Don't know what you may be entitled to?
- Need some help or advice on a benefit related issue?
- Not sure how to fill in a claim form? Having difficulty writing about your problems?
- Want to know how your other benefits may be affected?
- Would like some advice on a new or existing claim for a disability benefit?

Claiming the right benefits or finding information can be hard work and very confusing, but don't give up! WE CAN HELP.

If you need help or advice there is a confidential helpline available:

T: (0117) 352 1888 E: welfarerights@bristol.gov.uk

Monday, Tuesday, Thursday, Friday: 8.30 am – 1.00 pm
(Wednesday closed all day)

If you prefer not to make a call or email us yourself, you can ask a professional working with you, a friend or relative, to contact us on your behalf.

You can also find advice and information, some of it specific to the coronavirus pandemic, on our website: <https://www.bristol.gov.uk/benefits-financial-help>

We're looking forward to hearing from you.
Thanks and take care,
WRAMAS



National Association for Children of Alcoholics



Providing information, advice and support
for everyone affected by a parent's drinking

FREE Helpline 0800 358 3456
helpline@nacoo.org.uk

Patrons: Tony Adams MBE • Calum Best • Lauren Booth • Rt Hon Liam Byrne MP • David Coldwell • Geraldine James OBE • Sophie K
Cherie Lough • Elle Macpherson • Suzanne Stafford CQSW • Camilla Tompney • David Yelland

Nacoo (National Association for Children of Alcoholics) addresses the needs of children growing up in families where one or both parents suffer from alcoholism, this includes children of all ages, many whose problems only become apparent in adulthood.

Nacoo's aims are: -

1. To offer information, advice and support to children of alcohol-dependent parents
2. To reach professionals who work with these children
3. To raise their profile in the public consciousness
4. To promote research into the problems they face and the prevention of alcoholism developing in this vulnerable group

Nacoo's free, confidential telephone (0800 358 3456) and email helpline (helpline@nacoo.org.uk) is at the heart of all we do, providing information, advice and support for everyone affected by a parent's drinking.

Our work is about planning for a more positive future, an opportunity for children, young people and adults to see that the world can be different from the one they know and that they can make positive choices for themselves.

Nacoo's services include: -

- Free, confidential helpline
- Online message boards
- Website with personal experiences (www.nacoo.org.uk), FAQs, resources and research
- COAisathing.com community blog site
- Information packs
- Publications for a range of ages, situations and professions
- Volunteering opportunities and training
- Lectures, outreach and COA Week co-ordination
- Research into the experience of children affected by parental drinking
- Media and social media advocacy
- Parliamentary representation for children affected

The National Association for Children of Alcoholics (Nacoo)
PO Box 64, Bristol, BS16 2UH

Registered Charity No: 1009143

Tel 0117 924 8005
Email admin@nacoo.org.uk
Web nacoo.org.uk
Socials @nacooauk



M32 Youth Groups @ BDP Summer 2022

M32 Youth Groups @ BDP Summer 2022

The groups are an opportunity for young people aged 5-16, who have parents who use alcohol or other drugs problematically, to have respite from the family situation, a time for fun and exploring new activities as well as building confidence and resilience.

The groups are open to children and young people from across the city and free transport is provided to pick them up and take them home.

The groups are held on Mondays after school from 4.45 to 6.45 pm.

They meet twice a month for the 5-10 year olds and monthly for those aged 11-16. There is always a chance to have food together, followed by opportunities for arts and crafts, physical activities and learning new skills.

There is always someone to talk to if a young person also wants some time out.

*Please contact us if you want more information,
or to refer a young person on:*

0117 987 6009.

YOUTH GROUP

Steve England: Bristol Naturalist, Conservatist, Educator


Steve England Outdoor Learning was founded by Steve England, Conservation Educator, Horticulturist and Historian.

Steve has extensive experience of working with schools, community and youth groups across Bristol to engage young (and older) people in outdoor learning and has worked in Stoke Park Estate for more than 40 years. Steve is a multi-award winning outdoor learning professional whose work is well-respected in Bristol and Nationally.


Upcoming Events

From nature and history walks in Bristol and South Gloucestershire, to day workshops in Basket Weaving and Bushcraft, I run and host many events across the South West, including for local community groups, youth groups, councils, Health Centres and adult learning, alongside private bookings for friends, families & organisations. I also arrange various events for the general public as shown below.

See my upcoming events below, or get in touch to find out how to book an activity for your group or team.



Jul 17 Wild Foods & Practical Plant...
 📍 Stoke Park Estate - CAMERON W...




Aug 05 Bat Walk of Stoke Park
 📍 The Vench - Adventure Playgrou...



Aug 13 Terrific Trees of Stoke Park
 📍 The Cameron Centre - Cameron ...



Aug 20 Family Bushcraft & Woodlan...
 📍 Cameron Centre - Cameron Walk...



Sep 09 Bat Walk of Stoke Park
 📍 The Vench - Adventure Playgrou...



Sep 24 The Magic of Mushrooms
 📍 The Vench - Adventure Playgrou...

Booking: If you would like to book Steve please use the contact form at steveengland.co.uk. Activities are extremely popular so book a place soon!

Gambling Harm Prevention Training for Professionals



GAMBLING HARM PREVENTION TRAINING FOR PROFESSIONALS

FREE, CPD accredited training for youth facing professionals, delivered by our highly skilled Education and Training Leads.

Increase your confidence so you can support young people who are experiencing gambling-related harm.

GamCare
Gambling Support Starts Here
In partnership with:

Ara recovery for all

aquarius

BCT

YOUNG PEOPLE'S GAMBLING HARM PREVENTION PROGRAMME
Education | Training | Support

GamCare **YGAM**

Hello,

I wanted to introduce myself as your local [Youth Outreach Officer](#) for [Ara Recovery 4 All](#) in partnership with [GamCare](#). The Youth Outreach Programme run the [BigDeal](#) project and provides free training to professionals and young people.

Safeguarding issues such as smoking, drinking alcohol, illegal drug use, sexual health and mental health are frequently spoken about, but gambling is not. It may surprise you to know that the Gambling Commission estimates there are about 55,000 children and young people classed as problem gamblers. The Gambling Commission figures show 11% of 11 – 16 yr olds spent their own money on gambling in the last week. This is compared to 16% drinking alcohol, 7% using e-cigarette, 6% smoking tobacco and 5% taking illegal drugs.

In our experience, many adults working with, or supporting, young people do not have conversations with young people about gambling because it's not an issue they are aware of, or because they feel they don't have the knowledge or confidence to do so. These are problems this training aims to resolve.

This workshop will teach you to:

- Identify the impacts, signs, and symptoms of a gambling problem.
- Interact with a young person about problem gambling and screen for it.
- Inform young people about where and how to get help.
- Understand the connection with online gaming and gambling, for example, Loot Boxes/Crates.

Please share with your colleagues and get in touch to arrange a workshop for your organisation at a time and date that suits you!

I also run free workshops for Young People aged 11 – 19 and for Parents & Carers, which I give information on at the training.

I hope to hear back from yourself soon and if you have any queries please do not hesitate to contact me.

Kind Regards,

Rachel Bonser

Education & Training Lead (South West) - Young People's Gambling Harm Prevention Programme

Ara Gambling Service

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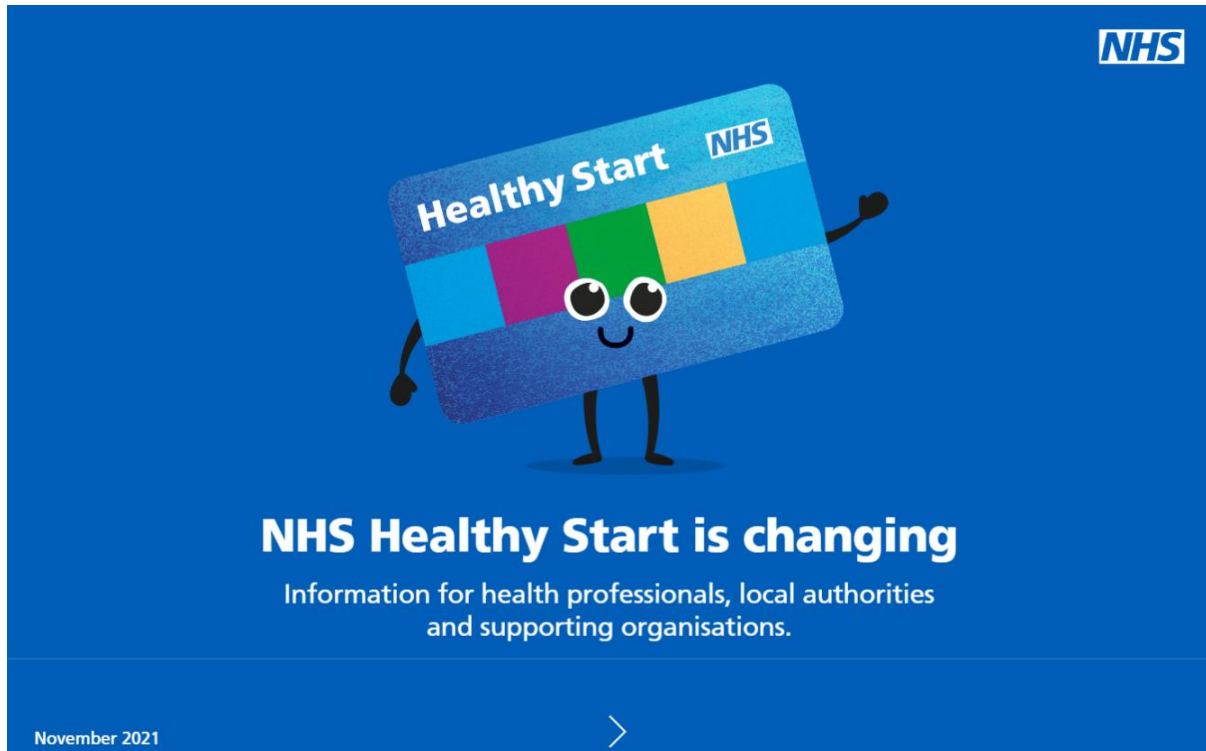
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NHS Healthy Start – Information for Health Professionals, Local Authorities and Supporting Organisations



[Full PDF with information can be found here](#)

Needs Led Newsletter

Neurodiversity: moving the focus from diagnosis to a "needs led" approach project newsletter: 1st April 2022

A “needs led” approach to supporting children, young people with social and communication challenges

“Thinking big, starting small, testing smartly!”

Newsletter 2

The “needs led” projects – what’s on offer and how can I access them?

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Section 1: Bristol, North Somerset & South Gloucestershire

Service Name	Facebook Group
Brief overview of activity	
Our private Facebook group, currently 350 members, helps share local information to families and provides opportunities for informal meet ups and peer-to-peer support.	
Target group/s	
Parent carers.	
Access criteria	
Parents and carers of under 18 girls and gender diverse young people with a profile of autism or social communication difficulties based in Bristol, North Somerset and South Gloucestershire. No diagnosis is necessary to join the group.	

Social Communication "Needs led" Newsletter 2

1st April 2022

Areas of delivery	
<ul style="list-style-type: none"> • Bristol • South Gloucestershire • North Somerset 	
Where will the activity take place?	
N/A	
When will the service / training / activity take place?	
Days of the week: N/A	Time of day: N/A
Service dates:	
Ongoing.	
Contact details	
Organisation	NeonDaisy
Project Lead	Amy Holgate
Telephone	07585112009
Email	amy@neondaisy.org.uk
Website	www.neondaisy.org.uk

Service Name	Bristol Autism Support – 6-week Support Blocks	
Brief overview of activity		
Bristol Autism Support will run 18 x special 6-week support blocks for specific topics. Each session of the 6-week course lasts 90 minutes and includes a presentation and time for discussion. Connection between participants outside of the sessions is encouraged in order to build friendships.		
Target group/s		
Parent carers:	All attendees will be parent carers and each group will be targeted to support parent carers of children aged between 0-18.	
Access criteria		
Just that they are a parent carer living in Bristol or the surrounding area. Either with a child diagnosed as autistic or under assessment for autism. Attendee's must be registered for the group in advance.		
Areas of delivery		
<ul style="list-style-type: none"> • Bristol • South Gloucestershire • North Somerset • May have occasional parent from BANES also 		
Where will the activity take place?		
Most of our sessions are held via Zoom, although we will be holding some in person groups such as our sessions in June which will be held in Bedminster at the Quaker Meeting House.		
When will the service / training / activity take place?		
Each group will be held on different days at different times. Groups so far:	Time of day:	
March / April groups		
Non speaking group Wednesday	10-11.30 (Zoom)	
New to autism (0-11) Thursdays	10-11.30 (Zoom)	
Supporting distress Mondays	10-11.30 (Zoom)	
May / June groups		
Assertiveness Wednesday	10-11.30 (Zoom)	
Sensory Fridays	10-11.30 (in person – Bedminster)	
New to autism (11-18) Fridays	12.30-2 (in person – Bedminster)	
12 more groups dates and times to be confirmed in due course.		
Service delivery period:		
March 2022 – March 2023 Term time only		
Additional Information		
Groups that will be provided include:		
<ul style="list-style-type: none"> • New to autism (separated groups for 0-11 and 11-18) • Supporting Distress and behaviours that challenge • Sensory Processing differences • Communicating with a non-speaking child • Assertiveness for parents of autistic children • Masking and anxiety 		

More information - <https://www.bristolautismsupport.org/support-blocks/>

Contact details

Organisation	Bristol Autism Support
Project Lead	Jade Page
Telephone	07787452164
Email	jade@bristolautismsupport.org
Website	www.bristolautismsupport.org

Section 2: Bristol Local Area

Service Name	Youth Club	
Brief overview of activity		
<p>This youth club for autistic girls aged 12-18 is a place where they can be themselves, feel part of a tribe, and develop social connections. Over time, positive discussions about neurodiversity, self-advocacy, healthy relationships, consent, puberty etc can be had in a safe, supportive way. Flexible activities will be available along with lightly structured activities led by group (e.g. crafts etc), facilitated by experienced youth workers. This term-time club will run weekly throughout the 2022-2023 academic year.</p>		
Target group/s		
12-18 years: Youth Club.		
Access criteria		
<ul style="list-style-type: none"> • 12 to 18 year olds who were assigned female at birth • Diagnosed with autism or waiting to be assessed for autism • Enrolled at a mainstream school in Bristol • NeonDaisy to work directly with local schools and local authority to identify appropriate young people. • 1 to 1 support not available 		
Areas of delivery		
<ul style="list-style-type: none"> • Bristol 		
Where will the activity take place?		
Bristol location - to be confirmed		
When will the service / training / activity take place?		
Days of the week: Wednesday (tbc)	Time of day: 6-8pm (tbc)	
Service dates:		
Sept 2022-July 2023, term time only (full academic year)		
Organisation	NeonDaisy	
Project Lead	Amy Holgate	
Telephone	07585 112009	
Email	amy@neondaisy.org.uk	
Website	www.neondaisy.org.uk	

Service Name	Support for Parents Around Communication and Engagement SPACE	
Brief overview of activity		
<p>Active recruitment is underway for 1.5 whole time equivalent band 4 Integrated Therapies support Practitioners. These are new fixed term posts. Expressions of interest to be invited from existing OT and SLT Team members to offer up to one half day a week to support the band 4 Practitioners through Continued Professional Development(CPD) and supervision.</p> <p>The SPACE practitioners will join the established Early Support Practitioners Team and all Practitioners will benefit from any training or resources available. Our partners Autism Independence are in close contact contributing to the ideas for recruitment and planned activity. Consideration has started on steering the project and how to monitor and report the activity and outcomes.</p>		
Target group/s		
0-5 years	18 to 30 months	
Access criteria		
<ul style="list-style-type: none"> • Concern from a Health Visitor, Paediatrician or Therapist following an advice line call indicating social communication difficulties and accompanying needs in activities of daily living. • Co-ordination of the gathering of concerns from the Bristol Communities to be supported by our partners Autism Independence • Age range 18 months to 30 months likely to be before any targeted or specialist services available to the family. • Family living in a Bristol Community 		
Areas of delivery		
<ul style="list-style-type: none"> • Bristol 		
Where will the activity take place?		
<ul style="list-style-type: none"> • In the child's home if this is parental preference. • Children's and Community Centres if that is a preference • Some virtual support packages for continuing support to the families 		
When will the service / training / activity take place?		
Days of the week: Monday to Friday	Time of day: Core hours 9 to 4 to allow for Lone Working requirements if working in a home or in the community.	
Service delivery period:		
April 2022 to March 2023 including cover in school holidays		
Additional Information		
N/A		
Contact details		
Organisation	Sirona Care and Health	
Project Lead	Alyson Harris	
Telephone		
Email	alyson.harris@nhs.net	
Website	www.cchp.nhs.uk	

Service Name	COSI-Communication and Social Interaction Team
Brief overview of activity	
<u>Educational Support/Individual Support Training</u>	
<p>The service will educate practitioners through group training; <u>any</u> provider/practitioner who works with neurodivergent C/YP across Health, Social Care and Education e.g., Police, Social Care practitioners, Education providers, out of school providers, health visitors, School nurses, Youth Offending Team, School transport etc through training.</p> <p>The service will support the delegate and organisation/setting to understand and embrace neurodiversity by raising Awareness, knowledge and understanding.</p> <p>Mainstream Primary-post 16 educational Settings will have a designated link (Specialist Teacher/Mentor in the age phase). Post 16 would also offer transition advice into employment.</p> <p>The educational setting will have the following core service offer:</p> <ul style="list-style-type: none"> • Annual Cohort Meeting including focus on data for each setting leading to informed service planning across Health, Social Care and Education. The cohort meeting will provide advice and strategies to education providers for individual Children and young people who are referred. Advice will be tailored using a graduated response and those children and young people requiring direct active casework will be identified (This will be the setting referral point to the service– Term 1). • A Specialist Practitioner will work directly with the setting and support the Neurodivergent Child and young person in close partnership with families. • An Advice Clinic is conducted in Term 4 and will be referral point for settings we would like advice. The advice can be for the education professional and family. • Transition Support: All settings will be given a package of advice on supporting transition for Neurodivergent pupils. • Identity Groups: The family practitioner will liaise with the education link and will deliver training around identity groups to upskill practitioners. 	
<u>Family Support</u>	
<p>The service will support families in clarifying the perceived benefits of diagnosis, focussing on a needs led approach. Support families with embracing neurodiversity, providing strategies and signposting to information/networks.</p> <p>We work with parents and wider members of the family to support family relationships, promote wellbeing and enhance the relationship between home and school.</p> <p>The service will aim to develop parent/carer peer and group support, working within the family's local community.</p>	
Target group/s	
Children, Young People, Families, Employers and any practitioner involved within any form of Education (including educating and working closely with health and social care practitioners including health visitors, G.P's), play and Community Groups.	
Access criteria	
<ul style="list-style-type: none"> • Families who are a parent/carer living in Bristol or who attend a Bristol educational setting. • Autistic Child/young person with a diagnosis • Neurodivergent Child/young person on the autism pathway • Neurodivergent Child/young person with social communication, Interaction Need 	

Areas of delivery	
<ul style="list-style-type: none"> • Bristol 	
Where will the activity take place?	
<ul style="list-style-type: none"> • Bristol Educational settings • Virtual cohort meetings • Face to face and online family learning courses with venues across the city • Direct support in the Home 	
When will the service / training / activity take place?	
Days of the week: Monday-Friday (Termtime only)	Time of day: N/A
Service dates:	
Organisation	Bristol City Council
Project Lead	Emma Noble and Bill Rigg
Telephone	07789924831
Email	bristol.autism.hotline@bristol.gov.uk
Website	N/A