

St John's Primary School
Personal Social Health & Economic Education Curriculum Overview

Year A	Autumn	Spring	Summer
	Term 1&2	Term 3&4	Term 5&6
EYFS	<p>Topic: Relationships <i>Respecting ourselves and others</i> - How behaviour affects others; being polite and respectful <i>Safe Relationships</i> - recognising privacy; staying safe; seeking permission <i>Families and Friendships</i> - roles of different people; families; feeling cared for</p> <p>No outsiders- Lesson 1 You Choose 'I can choose what I like'</p> <p>No outsiders- Lesson 2 Red Rockets 'It's OK to be different'</p>	<p>Topic: Living in the Wider World <i>Belonging to a community</i> – What rules are; caring for others' needs; looking after the environment <i>Money and Work</i> - Strengths and interests; jobs in the community</p> <p>No outsiders- Lesson 3 Hello Hello 'To say hello'</p> <p>No outsiders- Lesson 4 The Family Book All Families are different</p>	<p>Topic: Health and Wellbeing <i>Growing and Changing</i> – Recognising what makes them unique and special; feelings; managing when things go wrong (Christopher Winter Project) <i>Keeping Safe</i> - How rules and age restrictions help us; keeping safe online</p> <p>No outsiders- Lesson 5 Mommy, Mama and Me To celebrate my family</p> <p>No outsiders- Lesson 6 Blue Chameleon To make new friends</p>
Y1&2	<p>Topic: Relationships <i>Respecting ourselves and others</i> - How behaviour affects others; being polite and respectful <i>Safe Relationships</i> - recognising privacy; staying safe; seeking permission <i>Families and Friendships</i> - roles of different people; families; feeling cared for</p>	<p>Topic: Living in the Wider World <i>Belonging to a community</i> – What rules are; caring for others' needs; looking after the environment <i>Money and Work</i> - Strengths and interests; jobs in the community</p>	<p>Topic: Health and Wellbeing <i>Growing and Changing</i> – Recognising what makes them unique and special; feelings; managing when things go wrong (Christopher Winter Project) <i>Keeping Safe</i> - How rules and age restrictions help us; keeping safe online</p>

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	<p>No outsiders- Lesson 1 Elma <i>'I like the way I am'</i></p> <p>No outsiders- Lesson 2 Going to the Volcano <i>'To join in'</i></p>	<p>No outsiders- Lesson 3 Want to play trucks <i>'To find ways to play together'</i></p> <p>No outsiders- Lesson 4 Hair, it's a family affair <i>'Proud to be me'</i></p>	<p>No outsiders- Lesson 5 My world Your world <i>'I share the world with lots of people'</i></p> <p>No outsiders- Lesson 6 Errol's Garden <i>'To work together'</i></p>
Y3&4	<p>Topic: Relationships <i>Respecting ourselves and others -</i> Recognising respectful behaviour; the importance of self-respect; courtesy and being polite <i>Safe Relationships -</i> Personal boundaries; safely responding to others; the impact of hurtful behaviour <i>Families and Friendships -</i> What makes a family; features of family life</p> <p>No outsiders- Lesson 1 This is our house <i>'To understand what discrimination means'</i></p> <p>No outsiders- Lesson 2 We're All Winders <i>'To understand what a bystander is'</i></p>	<p>Topic: Living in the Wider World <i>Belonging to a community –</i> The value of rules and laws; rights, freedoms and responsibilities <i>Media Literacy and Digital Resilience –</i> How the internet is used; assessing information online <i>Money and Work -</i> Different jobs and skills; job stereotypes; setting personal goals</p> <p>No outsiders- Lesson 3 Beegu <i>'To be Welcoming'</i></p> <p>No outsiders- Lesson 4 The Truth about Old people <i>'To recognize a stereotype'</i></p>	<p>Topic: Health and Wellbeing <i>Physical Health and Mental Wellbeing</i> - Health choices and habits; what affects feelings; expressing feelings <i>Growing and Changing –</i> Personal strengths and achievements; managing and reframing setbacks (Christopher Winter Project) <i>Keeping Safe -</i> Risks and hazards; safety in the local environment and unfamiliar places</p> <p>No outsiders- Lesson 5 The Hueys in a New Jumper <i>'To recognise and help an outsider'</i></p> <p>No outsiders- Lesson 6 Planet Omar: Accidental Trouble Magnet <i>'To Consider living in Britain today'</i></p>
Y5&6	<p>Topic: Relationships <i>Families and Friendships -</i> Managing friendships and peer influence <i>Respecting ourselves and others -</i> Responding respectfully to a wide</p>	<p>Topic: Living in the Wider World <i>Belonging to a community –</i> Protecting the environment; compassion towards others <i>Money and Work -</i> Identifying job</p>	<p>Topic: Health and Wellbeing <i>Physical Health and Mental Wellbeing</i> - Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies</p>

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	<p>range of people; recognising prejudice and discrimination <i>Safe Relationships</i> – Physical contact and feeling safe</p> <p>No outsiders- Lesson 1 Kenny lives with Erica and Martina 'To Consider Consequences'</p> <p>No outsiders- Lesson 2 Rose Blanche 'To justify my actions'</p>	<p>interests and aspirations; what influences career choices; workplace stereotypes</p> <p>No outsiders- Lesson 3 Mixed 'To consider responses to racist behaviour'</p> <p>No outsiders- Lesson 4 How to Heal a Broken Wing 'To recognise when someone needs help'</p>	<p><i>Growing and Changing</i> – Personal identity; recognising individuality and different qualities; mental Wellbeing (to be taught in RSE week) <i>Keeping Safe</i> - Keeping safe in different situations, including responding in emergencies, first aid and FGM</p> <p>No outsiders- Lesson 5 The Girls 'To explore friendships'</p> <p>No outsiders- Lesson 6 And Tango makes Three 'To exchange dialogue and express an opinion'</p>
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Year B	Autumn	Spring	Summer
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EYFS	<p>Topic: Relationships <i>Respecting ourselves and others - Safe Relationships – Families and Friendships</i></p>	<p>Topic: Living in the Wider World <i>Belonging to a community Money and Work</i></p>	<p>Topic: Health and Wellbeing <i>Physical Health and Mental Wellbeing Growing and Changing – Growing older; naming body parts; moving class or year (Christopher Winter Project) Keeping Safe -</i></p>
Y1&2	<p>Topic: Relationships <i>Respecting ourselves and others - Recognising things in common and differences; playing and working cooperatively; sharing opinions Safe Relationships – Managing secrets; resisting pressure and getting help; recognising hurtful behaviour Families and Friendships - Making friends; feeling lonely and getting help</i></p> <p>No outsiders- Lesson 1 Can I join your club <i>'To welcome different people'</i></p> <p>No outsiders- Lesson 2 How to be a lion <i>'To have self-confidence'</i></p>	<p>Topic: Living in the Wider World <i>Belonging to a community – Belonging to a group; roles and responsibilities; being the same and different in the community Money and Work - What money is; needs and wants; looking after money</i></p> <p>No outsiders- Lesson 3 The Great Big Book of Families <i>'To understand what diversity is'</i></p> <p>No outsiders- Lesson 4 Amazing <i>'To think about what makes a good friend'</i></p>	<p>Topic: Health and Wellbeing <i>Physical Health and Mental Wellbeing - Why sleep is important; medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help Growing and Changing – Growing older; naming body parts; moving class or year (Christopher Winter Project) Keeping Safe - Safety in different environments; risk and safety at home; emergencies</i></p> <p>No outsiders- Lesson 5 What the Jackdaw Saw <i>'To communicate in different ways'</i></p> <p>No outsiders- Lesson 6 All are Welcome <i>'To know I belong'</i></p>

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<p>Y3&4</p>	<p>Topic: Relationships <i>Respecting ourselves and others –</i> Respecting differences and similarities; discussing difference sensitively <i>Safe Relationships –</i> Responding to hurtful behaviour; managing confidentiality; recognising risks online <i>Families and Friendships -</i> Positive friendships, including online</p> <p>No outsiders- Lesson 1 Along Came a Different 'To help someone accept difference'</p> <p>No outsiders- Lesson 2 Dogs Don't do Ballet 'To choose when to be assertive'</p>	<p>Topic: Living in the Wider World <i>Belonging to a community –</i> What makes a community; shared responsibilities <i>Media Literacy and Digital Resilience –</i> How data is shared and used <i>Money and Work -</i> Making decisions about money; using and keeping money safe</p> <p>No outsiders- Lesson 3 Red: A Crayon's Story 'To be proud of who I am'</p> <p>No outsiders- Lesson 4 Aalfred and Aalbert 'To find common ground'</p>	<p>Topic: Health and Wellbeing <i>Physical Health and Mental Wellbeing</i> - Maintaining a balanced lifestyle; oral hygiene and dental care <i>Growing and Changing –</i> Physical and emotional changes in puberty; external genitalia; personal hygiene routines; support with puberty (Christopher Winter Project) <i>Keeping Safe -</i> Medicines and household products; drugs common to everyday life</p> <p>No outsiders- Lesson 5 When Sadness comes to call 'To look after my mental health'</p> <p>No outsiders- Lesson 6 Julian is a Mermaid 'To show acceptance'</p>
<p>Y5&6</p>	<p>Topic: Relationships <i>Respecting ourselves and others -</i> Expressing opinions and respecting other points of view, including discussing topical issues <i>Safe Relationships –</i> Recognising and managing pressure; consent in different situations</p> <p>No outsiders- Lesson 1 King of the Sky 'To consider responses to immigration'</p> <p>No outsiders- Lesson 2</p>	<p>Topic: Living in the Wider World <i>Belonging to a community –</i> Valuing diversity; challenging discrimination and stereotypes <i>Money and Work -</i> Influences and attitudes to money; money and financial risks</p> <p>No outsiders- Lesson 3 Leaf 'To overcome fears about difference'</p> <p>No outsiders- Lesson 4</p>	<p>Topic: Health and Wellbeing <i>Physical Health and Mental Wellbeing</i> - What affects mental health and ways to take care of it; managing change, loss and bereavement; managing time online <i>Growing and Changing –</i> Human reproduction and birth; increasing independence; managing transition (Christopher Winter Project) <i>Keeping Safe -</i> Keeping personal information safe; regulations and choices; drug use and the law; drug</p>

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	<p>The only way is Badger <i>'To consider language and freedom of speech'</i></p>	<p>The Island <i>'To consider causes of racism'</i></p>	<p>use and the media No outsiders- Lesson 5 Introducing Teddy <i>'To show acceptance'</i> No outsiders- Lesson 6 A day in the life of Marlon Bundo <i>'To consider democracy'</i></p>
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